

Achieving Caring Competence Dependability Discoverer Future Thinker Organizer Pres Relating Achieving Caring Competing Confidence Dependability Discoverer Future Thinker Relating Achieving Caring Competing Confidence Dependability Discoverer Future

Clifton Strengths Explorer[®]

TOP 3 REPORT

What's in My Report?

- **Certificate of Talent:** This certificate is customized for you.
- **Your Top 3 Themes:** You'll find your top 3 themes based on the answers you gave when you took the assessment online.
- **Action Items for Youth:** Action items help you start thinking of ways you can use those themes.
- **Action Items for Adults:** These action items are for adults in your life to start thinking about how they can help you make the most of your talents and strengths.

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Clifton StrengthsExplorer®

CERTIFICATE OF TALENT FOR

GEORGE

Competing

You see many things in life as a game, and you feel great joy when you win. You truly hate to lose because you are always striving for first place.

Organizer

Scheduling, planning and organizing your world makes life better. People count on you to get the details right and pull a plan together.

Achieving

You have more energy and more goals than other people. You love a sense of accomplishment.

Top 3 Report for George

The Clifton Youth StrengthsExplorer assessment will help you think about your talents — the ways in which you naturally think, feel or behave. Thinking about your talents may be new to you. Your Clifton Youth StrengthsExplorer report will help you begin to discover and talk about your greatest talents by identifying the areas, or “themes,” in which they are found. Even though everyone has talents in all 10 of these themes, the Clifton Youth StrengthsExplorer tells you your top 3 themes. The descriptions of your top themes probably express the way you are much, or even most, of the time. Friends, parents and teachers might use similar words to describe you. Learning about your talents can help you grow and build strengths as well as achieve what you want to do in your life.

You are the only person with your exact combination of talents — even if someone has the same top themes as you. As you read your top themes, remember that while some of the talents described may not fit you, many of the talents described should sound very familiar — and that is what’s important. To learn about your own talents, pay the most attention to the sentences that sound the most like you.

Competing

You see many things in life as a game and you feel great joy when you win. You truly hate to lose because you are always striving for first place. Every day you compete. Winning first place is your goal in any contest that you feel is worth your time. If there is no one to compete against, you compete against yourself to do more or accomplish a goal faster or better. You can be competing against someone else even when that person doesn’t know it. Because you hate to lose, you might get angry, upset or even cry. It does not matter if others think the contest is important. If you are doing it, you want to be No. 1. Others look to you for the motivation to win.

Organizer

Scheduling, planning and organizing your world makes life better. People count on you to get the details right and pull a plan together. You like to create order in your world. Schedules help you feel in control of your life. Planning makes you comfortable and calm about what you are going to do. It is fun to think ahead, organize and include all that you want to do in your plan so that you don't leave anything out. You like to think about both the big ideas and the details. It feels good to make something absolutely perfect, whether it is as simple as your hair or as complicated as a big project for school. It is important to you to be on time or even early so you are ready to start whatever you are about to do. Not only do you like order and rules for yourself, you like them for other people too. You help yourself and others by pulling all the pieces together.

Achieving

You have more energy and more goals than other people. You love a sense of accomplishment. You are in a hurry to get started and make things happen because you almost always have a list in your mind of the things you want to get done. It is fun to achieve small goals and even more exciting to achieve big goals that challenge you. The more you get done, the more you feel like a successful person. And the more successes you have, the more you want to have. Finishing a project feels good to you because you love a sense of accomplishment. An award, a good grade or praise can mean a lot to you because it feels good when your effort and ability are noticed. Because you are a hard worker, you always feel that you could and should be doing more.

Action Items for Youth

On the next few pages, you'll find some ideas for using your greatest talents. Talents are like muscles. When you exercise, your muscles grow and become stronger. In the same way, the more you use talents, the more they can help you develop strengths. You might want to make a check mark next to the suggestions that fit you best and simply ignore the ones that don't seem to fit you today. These items are here to get you started thinking about how to use your talents. You may have other ideas that suit you well. The important thing is that you select one suggestion to put into action right away and get started using your unique talents to develop strengths.

Competing

- Winning is a good motivator. You have a built-in need to win. There are many ways you can use that at home, school and in your activities. If you play sports, it helps to practice skills over and over so that you'll be prepared to win. For schoolwork, how can you make studying into a game? If your club is having a fundraiser, suggest a contest to see who can raise the most money.
- Find ways to win. Other people may give up when they don't see a way to win, but you keep thinking. Try different ways to win, and look for the easiest and fastest way. Maybe there is a shortcut that gets you to the goal sooner.
- Measuring yourself helps you to keep going and do better. Working on your basketball shot? Count how many baskets you can make in a row. Learning to play a song? Count how many measures you can play without making a mistake. Think of ways to count what you are doing and you will find that measurement improves performance.
- Competing with someone else can help you get better at what you want to do. Do you have some other friends who are competitive that you could challenge? Do you have a friend who is as good as or better than you at something you like to do? Find one of these friends and have a contest with this person. Your friendly competition will push each of you to be better and do your best.
- Pick one thing you really want to do this week. Tell a parent, teacher, sister or brother about it. Have this person help you set a challenge for yourself. Can you learn your spelling words in two days? Can you dribble a soccer ball 35 times? Can you learn the names of five new people?

Organizer

- You like to make a schedule and stick to it. Keep a calendar for yourself so that you can look at what you want to do each day and look ahead to the week, month and year coming up. You will feel more in control of your life if you can see it on paper.

- Planning projects and events feels good to you. If you are working in a group, volunteer to be the planner and organizer. Keep a list of all the things that need to be done and who is supposed to do each one. Organize it by person or due dates, and share your list to help everyone understand the plan.

- A list can help you keep track of what you need to do. Next to each activity on your list, draw a box to the left. Then, when you have finished a task, put a check mark in the box so you can easily see how many things are done and how many are left to do. You might be surprised at how good it feels to check that box and see what you've accomplished.

- You are good at creating neat, clean order. Find the best and most useful ways to organize your school supplies, locker or bedroom. Creating neatness and then keeping up with it makes you feel good and helps you and others find what you need.

- Look around you: Who could benefit from the way you like to organize? Could you help organize a family collection or event? Would a teacher appreciate the way you can help organize papers? Find a way to use your talent to help someone else.

Achieving

- People might tell you that you are a “self-starter” because you are always working at something. Look at the things you want to do. Make a list, and decide what is most important. Then, do those things first.

- Challenges are important to you. If every goal on your list is easy, it might not feel good. Set some big goals. Do you want to learn another language, score three goals in a game, write a song or teach yourself to skateboard? Set some goals that will make you feel proud when you accomplish them.

- You’re at your best when you are active and energetic. Find things to do that get you up and moving. Are there new things you can do to use your energy to achieve a goal? For example, you could get up early and create some free time for yourself to play your guitar, read, exercise or add to your homework.

- You can work harder and longer than most people. Try to be an example and a motivator to people who are working together on teams or big projects. Sometimes, just one very hard worker helps the whole group get more done.

- What groups could you join to help them accomplish their goal? A volunteer group in your church or school might be a great place to use your hardworking talent toward important results.

Action Items for Adults

If you are an adult reading this report, you can make a positive difference in this person's life. When you talk with a young person about their greatest talents — the ways in which they most naturally think, feel and behave as a unique individual — you can make an even more significant contribution to that person's development. Individuals frame their identity, at least in part, on the feedback they get about what is important and valuable about them personally. Sharing your awareness and interest in the talents of the youths in your life can have a lifelong effect on them. Tell these individuals that you appreciate the talents you see in them. Notice the ways they use their talents. By selecting and acting on some — or even just one — of the items on these next few pages, you take an active role in helping young people use their talents as the foundation for building the excellence found in strengths.

Competing

- This person may express strong emotions, win or lose. Affirm the feelings — happy or mad — by listening to the emotion. You may need to help this person work through it. Understand that this emotion gives the competitor fuel.
- Arrange opportunities for this person to measure progress or success. Introduce the concept of “personal bests” by tracking this person's best performance, score or achievement to date. This could be something large or could even be an everyday activity such as the most minutes practicing clarinet or the most pages read in a week.
- There are many ways to compete. How can you set this person up for success? What arena suits this person best — sports, arts, academia or clubs? Is this person a team or individual competitor? Whom can you arrange for this person to compete against to help stretch their skills?

Organizer

- Ask this person about how they like to schedule the day. Does this person feel the time is well planned? Plant the seeds of thought by asking how someone could schedule the day, week, weekend, semester break or summer. How can you help with these ideas and plans?
- Are there ways this person can be helpful to others by organizing things for you? For instance, could this person organize the classroom, clubroom or science lab or manage the sports equipment? From a drawer to a family event, what would this person feel is fun or important to plan and arrange? Offer ways that this person can organize things for you or others.
- Could you connect this person with someone who is at least two years older and is good at organizing? Find someone who can model the value of organization in a person's life. This will provide more ideas and examples of ways to put organization into action.

Achieving

- Achievers have more energy than others. How does this person most like to or want to channel their energy? Are there some activities, projects or responsibilities you could suggest?
- At the end of the day, help this individual know their accomplishments. Point out those things you have noticed that this person has done. Ask what this individual did that day, and then listen to, appreciate and recognize it.
- How can you best highlight this person's accomplishments? Find ways to display what this individual has done. This could be a wall of photos, scrapbook, portfolio, refrigerator display or a list of daily, weekly or monthly achievements.