

Achieving Caring Competence Dependability Discoverer Future Thinker Organizer Pres Relating Achieving Caring Competing Confidence Dependability Discoverer Future Thinker Relating Achieving Caring Competing Confidence Dependability Discoverer Future

Clifton Strengths Explorer[®]

TOP 3 REPORT

What's in my report?

- Certificate of Talent – customized for you
- Your Top 3 Themes – you'll find your top 3 themes, based on the answers you gave when you took the profile online.
- Action Items for Youth – “Action Items” help you start thinking of ways you can use those themes.
- Action Items for Adults – these help adults in your life start thinking about how they can help you make the most of your talents

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Clifton Strengths Explorer

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CERTIFICATE OF TALENT FOR

Ben

Organizer

Scheduling, planning, and organizing your world makes life better. People count on you to get the details right and pull a plan together.

Competing

You see many things in life as a game, and you feel great joy when you win. You truly hate to lose because you are always striving for first place.

Future Thinker

Your mind loves to think and dream about the future. You are a person who thinks about what is possible, not what is impossible.

Top 3 Report for Ben

The Clifton Youth StrengthsExplorer will help you think about your talents - the ways in which you naturally think, feel, or behave. Thinking about your talents may be new to you. Your Clifton Youth StrengthsExplorer report will help you begin to discover and talk about your greatest talents by identifying the areas, or “themes,” in which they are found. Even though everyone has talents in all 10 of these themes, the Clifton Youth StrengthsExplorer tells you your top three themes. The descriptions of your top themes probably express the way you are much, or even most, of the time. Friends, parents, and teachers might use similar words to describe you. Learning about your talents can help you grow and build strengths, as well as help you achieve what you want to do in your life.

You are the only person with your exact combination of talents - even if someone has the same top themes as you. As you read through your top themes, please remember that while some of the talents described may not fit you, many of the talents described should sound very familiar- and that is what’s important. To learn about your own talents, pay the most attention to the sentences that sound the most like you.

Organizer

Scheduling, planning, and organizing your world makes life better. People count on you to get the details right and pull a plan together. You like to create order in your world. Schedules help you feel in control of your life. Planning makes you comfortable and calm about what you are going to do. It is fun to think ahead, organize, and include all that you want to do in your plan so you don’t leave anything out. You like to think about both the big ideas and the details. It feels good to make something absolutely perfect, whether it is as simple as your hair or as complicated as a big project for school. It is important to you to be on time or even early so you are ready to start whatever you are about to do. Not only do you like order and rules for yourself, you like them for other people too. You help yourself and others by pulling all the pieces together.

Competing

You see many things in life as a game, and you feel great joy when you win. You truly hate to lose because you are always striving for first place. Every day you compete. Winning first place is your goal in any contest that you feel is worth your time. If there is no one to compete against, you compete against yourself to do more or accomplish a goal faster or better. You can be competing against someone else even when that person doesn’t know it. Because you hate to lose, you might get angry, upset, or even cry. It does not matter if others think the contest is important. If you are doing it, you want to be number one. Others look to you for the motivation to win.

Future Thinker

Clifton Strengths Explorer

Your mind loves to think and dream about the future. You are a person who thinks about what is possible, not what is impossible. You like to imagine the life you will have, what new things will be invented, and what you will be able to do that you cannot do now. What kind of person will you be? How will the world be different in 10 years or 100 years? What are your dreams? Your visions of the future might be bigger than most people's because thinking big is one of your talents. You like to think about the important things in life, what they mean, and how they are connected to each other. Finding meaning is important to you. It is not enough for you to simply concentrate on what you need to do today because your mind needs more adventure than that. You spend time thinking about ideas, not just facts. Thinking big paints pictures of what the future can be.

Action Items for Youth

On the next few pages, you'll find some ideas for using your greatest talents. Talents are like muscles. When you exercise, your muscles grow and become stronger. In the same way, the more you use talents, the more they can help you develop strengths. You might want to make a check mark next to the suggestions that fit you best and simply ignore the ones that don't seem to fit you today. These items are here to get you started thinking about how to use your talents. You may have other ideas that suit you well. The important thing is that you select one suggestion to put into action right away and get started using your unique talents to develop strengths.

Competing

- Winning is a good motivator. You have a built-in need to win. There are many ways you can use that at home, school, and in your activities. If you play sports, it helps to practice skills over and over so that you'll be prepared to win. For schoolwork, how can you make studying into a game? If your club is having a fundraiser, suggest a contest to see who can raise the most money.
- Find ways to win. Other people may give up when they don't see a way to win, but you keep thinking. Try different ways to win, and look for the easiest and fastest way. Maybe there is a shortcut that gets you to the goal sooner.
- Measuring yourself helps you to keep going and do better. Working on your basketball shot? Count how many baskets you can make in a row. Learning to play a song? Count how many measures you can play without making a mistake. Think of ways to count what you are doing and you will find that measurement improves performance.
- Competing with someone else can help you get better at what you want to do. Do you have some other friends who are competitive that you could challenge? Do you have a friend who is as good as or better than you at something you like to do? Find one of these friends and have a contest with him or her. Your friendly competition will push each of you to be better and do your best.
- Pick one thing you really want to do this week. Tell a parent, teacher, sister, or brother about it. Have this person help you set a challenge for yourself. Can you learn your spelling words in two days? Can you dribble a soccer ball 35 times? Can you learn the names of five new people?

Future Thinker

- It is important to be able to dream about the future. The ability to have stories and scenes in your mind is a way to set the stage for what could be possible. It is a way to practice and rehearse what you can do in the future. Take time to daydream. Picture yourself doing what you want to do when you are in middle school, high school, or when you have a job. Where will you be, who will you be talking to, what will you look like, and what will you be learning?

Clifton Strengths Explorer

- Take time to wonder. Just having time to think is important. You can be a deep thinker. Give yourself time to create, explore, and connect ideas that you like. Set aside time when you can do this. You might even want to have a certain place you can go when you want to think, explore, and dream.
- What do you like about the future? What do you think is exciting or possible? Are there comic books, science fiction books, or stories that give you ideas of what the future could be like? How about technology or inventions? Find something to read each week that helps you know more about the years to come.
- Think ahead to situations you might like to be in someday. Do you picture yourself as a student council member, tennis player, church youth leader, or volunteer? Watch what those people do. Think about what you would do or say if you were in their shoes. How would you do things? Play out conversations and actions in your mind. This will give you confidence and help you do a better job in the future.
- What do you need to know to prepare for the future? How will your life be different when you are an adult? Questions are ways to learn about the future. What do you want to know more about? Every day, find one good question to ask yourself or another person that helps you be ready for the future.

Organizer

- You like to make a schedule and stick to it. Keep a calendar for yourself so you can look at what you want to do each day and also look ahead to the week, month, and year coming up. You will feel more in control of your life if you can see it on paper.
- Planning projects and events feels good to you. If you are working in a group, volunteer to be the planner and organizer. Keep a list of all the things that need to be done and who is supposed to do each one. Organize it by person or by due dates, and share your list to help everyone understand the plan.
- A list can help you keep track of what you need to do. Next to each activity on your list, draw a box to the left. Then, when you have finished a task, put a check mark in the box so you can easily see how many things are done and how many are left to do. You might be surprised at how good it feels to check that box and see what you've accomplished.
- You are good at creating neat, clean order. Find the best and most useful ways to organize your school supplies, your locker, or your bedroom. Creating neatness and then keeping up with it makes you feel good and helps you and others find what you need.
- Look around you -- who could benefit from the way you like to organize? Could you help organize a family collection or event? Would a teacher appreciate the way you can help organize papers? Find a way to use your talent to help someone else.

Action Items for Adults

If you are an adult reading this report, you can make a positive difference in this person's life. When you talk with a young person about his or her greatest talents – the ways in which he or she most naturally thinks, feels, and behaves as a unique individual – you can make an even more significant contribution to that person's development. Individuals frame their identity, at least in part, on the feedback they get about what is important and valuable about them personally. Sharing your awareness and interest in the talents of the youths in your life can have a lifelong impact on them. Tell these individuals that you appreciate the talents you see in them. Notice the ways they use their talents. By selecting and acting on some – or even just one – of the items on the next page, you take an active role in helping youths use their talents as the foundation for building the excellence found in strengths.

Competing

- This person may express strong emotions, win or lose. Affirm the feelings -- happy or mad -- by listening to the emotion. You may need to help him or her work through it. Understand that this emotion gives the competitor fuel.
- Arrange opportunities for this person to measure progress or success. Introduce the concept of "personal bests" by tracking this person's best performance, score, or achievement to date. This could be something large or could even be an everyday activity, like the most minutes practicing clarinet or the most pages read in a week.
- There are many different ways to compete. How can you set this person up for success? What arena suits this person best -- sports, arts, academia, or clubs? Is this person a team or individual competitor? Who can you arrange for this person to compete against to help stretch his or her skills?

Future Thinker

- Give Future Thinkers a chance to verbalize their thoughts about the future. Simply ask questions like, "What do you think you will be doing next year? What about two years from now?" Appreciate and accept their visions for what they are -- forward thinking.
- Share your own thoughts, ideas, and dreams as you think about what the future might bring. Sharing sparks thought and validates that the future is worthy of conversation.
- As you peer into this person's future, what are the steps toward accomplishing his or her goals? What preparation is necessary? Help this person meet people, select activities, or explore opportunities that are in line with his or her visions for the future.

Clifton Strengths Explorer

Organizer

- Ask this person about how he or she likes to schedule the day. Does this person feel the time is well planned? Plant the seeds of thought by asking how someone could schedule the day, week, weekend, semester break, or summer. How can you help with these ideas and plans?
- Are there ways this person can be helpful to others by organizing things for you? For instance, could he or she organize the classroom, clubroom, or science lab, or manage the sports equipment? From a drawer to a family event, what would he or she feel is fun or important to plan and arrange? Offer ways that this person can organize things for you or others.
- Could you connect this person with someone who is at least two years older and is good at organizing? Find someone who can model the value of organization in a person's life. This will provide more ideas and examples of ways to put organization into action.